

LOT	QTY	DESCRIPTION	NOTE
1		COUCH, 2.5 SEATER, RED, VINYL	
2		IKEA PIGEON HOLE SHELF UNIT, 16 CUBE SIDE TABLE	
3		*** VACANT ***	
4		AVERY PLATFORM SCALES TYPE: 3302ABN 120kg (VINTAGE)	

SPIN ROOM

5		IRON EDGE WALL MOUNT RESISTANCE TRAINING FRAME
6		SIT UP BENCH, BLUE VINYL
7		WOBBLE BALL, STRENGTH TRAINING
8		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
9		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
10		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
11		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
12		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
13		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
14		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
15		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
16		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
17		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE
18		SPIN CYCLE, LEMOND 'REVMaster' YELLOW, MANUAL RESISTANCE

LOT	QTY	DESCRIPTION	NOTE
19		PILATES 'REFORMER', BY CLINICAL PILATES	
20		SIT UP BENCH, WITH WEIGHT PROVISION	
21		2 x STEP PLATFORMS, PUSH UP FRAME, 2 x YOGA MATS, HYPER EXTENSION WHEELS	
22		9 x DUMBBELL SETS, 1kg-20kg 2 TIER WEIGHT RACK	
23		6 x MEDICINE BALLS	
24		WALL FAN, HELLER 70cm, BLACK	
25		WALL FAN, HELLER 70cm, BLACK	

HALLWAY

26		SPEEDBALL & WALL MOUNT BRACKET	
27		PUNCHING BAG & WALL MOUNT BRACKET	
28		2 x SPIN BIKES, STAIRMASTER CYCLE (SALVAGE)	
29		POWER PLATE VIBRATION MACHINE	

CARDIO & WEIGHT ROOM

30		NAUTILUS NITRO PLUS 'TRICEPS EXTENSION' MACHINE PIN LOADED, 77kg	
31		NAUTILUS NITRO PLUS 'BICEP CURL' MACHINE PIN LOADED, 77kg	
32		NAUTILUS NITRO PLUS 'LATERAL RAISE' MACHINE PIN LOADED, 91kg	
33		NAUTILUS NITRO PLUS 'LAT PULL DOWN' MACHINE PIN LOADED, 111kg	
34		NAUTILUS NITRO PLUS 'VERTICAL CHEST' MACHINE PIN LOADED, 111kg	
35		NAUTILUS NITRO PLUS 'OVERHEAD PRESS' MACHINE PIN LOADED, 111kg	
36		NAUTILUS NITRO PLUS 'PEC FLY' MACHINE PIN LOADED, 111kg	

LOT	QTY	DESCRIPTION	NOTE
37		NAUTILUS NITRO PLUS 'PULLOVER' MACHINE PIN LOADED, 111kg	
38		NAUTILUS NITRO PLUS 'COMPOUND ROW' MACHINE PIN LOADED, 111kg	
39		NAUTILUS NITRO PLUS 'LOWER BACK' MACHINE PIN LOADED, 91kg	
40		NAUTILUS NITRO PLUS 'ABDOMINAL' MACHINE PIN LOADED, 91kg	
41		NAUTILUS NITRO PLUS 'HIP ABDUCTION/ADDUCTION' MACHINE PIN LOADED, 91kg	
42		NAUTILUS NITRO PLUS 'SEATED LEG CURL' MACHINE PIN LOADED, 91kg	
43		NAUTILUS NITRO PLUS 'GRAVITRON PLUS' MACHINE PIN LOADED, 111kg	
44		NAUTILUS NITRO PLUS 'LEG EXTENSION' MACHINE PIN LOADED, 111kg	
45		NAUTILUS NITRO PLUS 'LEG PRESS' MACHINE PIN LOADED, 218kg	
46		BACK EXTENSION BENCH	
47		TRIMTONE 'SIT UP BENCH'	
48		*** VACANT ***	
49		'STANDING CALF RAISE' MACHINE PIN LOADED, 100kg	
50		TRIMTONE 'HIP FLEXOR' YELLOW	
51		'LAT PULL DOWN' FRAME PIN LOADED, 90kg WITH ASSORTED BARS	
52		'SMITH MACHINE', WITH WEIGHTS 6 x 2.5kg 7 x 10kg 16 x 15kg	
53		DUMBBELL SET & 2 TIER RACK 13 x PAIRS DUMBBELLS, 2.27kg-20.41kg	

LOT	QTY	DESCRIPTION	NOTE
54		DUMBBELL SET & 2 TIER RACK 11 x PAIRS DUMBBELLS, 15.8kg-45.36kg	
55		MAXIM BENCH PRESS FRAME WITH BAR & 5 x WEIGHTS	
56		BAR WEIGHT FRAME, ADJUSTABLE, WITH BAR & 4 x WEIGHTS, 2 x 20kg & 2 x 25kg	
57		SEATED BENCH PRESS FRAME, WITH BAR	
58		NAUTILUS XPLOAD INCLINE LEG PRESS, WITH 20 x WEIGHTS	
59		HORIZONTAL ROW, 30kg WEIGHT FRAME & LIFTING BAR	
60		BARBELL KIT, 10 x BARS WITH WEIGHTS, 5kg-49.9kg WITH DOUBLE SIDED RACK	
61		WEIGHT TREE & 33 x ASSORTED WEIGHTS	
62		SEATED CALF RAISE	
63		BICEP CURL FRAME	
64		NAUTILUS ADJUSTABLE BENCH	
65		NAUTILUS ADJUSTABLE DECLINE BENCH	
66		NAUTILUS ADJUSTABLE INCLINE BENCH	
67		NAUTILUS BENCH	
68		WALL MOUNT FAN, 70cm	
69		*** VACANT ***	
70		40SQM (APPROX) HEAVY DUTY RUBBER FLOORING, 12mm (IN 1m x 1m PANELS)	
AEROBIC ROOM			
71		80cm TABLE & 4 x BLACK PVC CHAIRS	
72		PA SYSTEM COMPRISING:- BEHRINGER 4 CHANNEL MIXER MIPRO MICROPHONE RECEIVER USA-900 POWER AMPLIFIER TWIN CD PLAYER STEREO COMPRESSOR PAIR WHARFEDALE PRO SPEAKERS	
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LOT	QTY	DESCRIPTION	NOTE
73		3 x FITNESS WALL HANGINGS	
74		DMA PILATES 'REFORMER'	
75		HEALTH STREAM STEPPER, 500g DUMBBELL, BARBELL & 7kg WEIGHTS, YOGA MAT, RESISTANCE ELASTIC	
76		HEALTH STREAM STEPPER, 500g DUMBBELL, BARBELL & 7kg WEIGHTS, YOGA MAT, RESISTANCE ELASTIC	
77		HEALTH STREAM STEPPER, 500g DUMBBELL, BARBELL & 7kg WEIGHTS, YOGA MAT, RESISTANCE ELASTIC	
78		HEALTH STREAM STEPPER, 500g DUMBBELL, BARBELL & 7kg WEIGHTS, YOGA MAT, RESISTANCE ELASTIC	
79		HEALTH STREAM STEPPER, 500g DUMBBELL, BARBELL & 7kg WEIGHTS, YOGA MAT, RESISTANCE ELASTIC	
80		10 x PVC OUTDOOR CHAIRS	
81		BARBELL SET, 10 x BARBELLS WITH 4 x 10kg, 11 x 5kg, 14 x 2.5kg & 15 x 1kg	
82		BARBELL SET, 9 x BARBELLS WITH 12 x 10kg, 10 x 5kg & 25 x 1kg	
83		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
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86		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
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89		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	

LOT	QTY	DESCRIPTION	NOTE
90		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
91		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
92		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
93		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
94		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, FIT BALL, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER	
95		HOME AEROBICS KIT COMPRISING:- REEBOK STEPPER, THIGH CRUNCH, PAIR DUMBBELLS, 1/2 FOAM CYLINDER (NO FIT BALL)	
96		ASSORTED AEROBIC KIT COMPRISING:- THIGH FLEXOR, HULA HOOPS, YOGA MATS, FIT BALLS, DUMBBELL, 2 x MINI BINS & CHROME STAND	

TREADMILL ROOM

97	CONCEPT 2 ROWING MACHINE
98	** WITHDRAWN ** CONCEPT 2 ROWING MACHINE
99	FIRST DEGREE ROWING MACHINE
100	STAIRMASTER FREECLIMBER 4200 PT
101	STAIRMASTER FREECLIMBER 4200 PT
102	** WITHDRAWN ** SCIFIT PRO1000 SEATED HAND CRANK
103	VISION FITNESS HRT E3600 FITNESS CYCLE
104	VISION FITNESS HRT E3600 FITNESS CYCLE
105	VISION FITNESS HRT E3600 FITNESS CYCLE
106	STAIRMASTER 3800 RECUMBENT CYCLE

LOT	QTY	DESCRIPTION	NOTE
107		STAIRMASTER 3800 RECUMBENT CYCLE	
108		** WITHDRAWN ** LIFECYCLE 9500HR RECUMBENT CYCLE	
109		VISION FITNESS HRT X6600 CROSS TRAINER	
110		VISION FITNESS HRT X6600 CROSS TRAINER	
111		LIFE FITNESS CROSS TRAINER	
112		LIFE FITNESS CROSS TRAINER	
113		LIFE FITNESS CROSS TRAINER	
114		STAIRMASTER CLUBTRACK 510 TREADMILL	
115		STAIRMASTER CLUBTRACK 510 TREADMILL	
116		STAIRMASTER CLUBTRACK 510 TREADMILL	
117		STAIRMASTER CLUBTRACK 510 TREADMILL	
118		STAIRMASTER CLUBTRACK 510 TREADMILL	
119		STAIRMASTER CLUBTRACK 510 TREADMILL	
120		STAIRMASTER CLUBTRACK 510 TREADMILL	
121		STAIRMASTER CLUBTRACK 510 TREADMILL	
122		SONIQ 42" LCD TV	
123		SONIQ 50" LCD TV (ALL FAULTS)	
124		SONIQ 42" LCD TV	

BATHROOMS

125	BANK OF 12 x LOCKERS WITH 10 x DIGITAL LOCKS CHANGE TABLE
126	BANK OF 12 x LOCKERS WITH 10 x DIGITAL LOCKS
127	3 x MAWSON CEILING FANS, 120cm, 4 BLADE

LOT	QTY	DESCRIPTION	NOTE
128		CLEANERS ROOM CONTENTS:- MOPS, BUCKETS, HOSE & VACUUMS	
129		SOLAR BLANKET FOR POOL, 3.7m x 14m (APPROX)	
130		SWIMMING LESSON KIT COMPRISING:- KICKBOARDS, FLIPPERS, FLOATS, NOODLES, LANE ROPES ETC	
131		PORTABLE SAUNA, JNH LIFESTYLE DIGITAL TEMP CONTROL, SPEAKERS, ELECTRIC HEATER, 180 x 180 x 120cm	
132		LARGE QUANTITY NOODLES & FOAM DUMBBELL FLOATS	
133		LIFE BUOY	
134		2 x SWIM PLATFORMS	
135		STUDENTS DESK & DRAFTING CHAIR, SHREDDER & RADIO	
136		COMBINATION SAFE & 2 x PETTY CASH TINS	
137		SPARRING PADS & BOXING GLOVES	
138		4 x BMI SCALES, SKINFOLD TESTER, FIRST AID BOOKS	
OFFICE AREA			
139		** WITHDRAWN ** RECEPTION SETTEE, BLACK 3 SEATER MEETING TABLE & 4 x CHAIRS, TRAY MOBILE	
140		CONTENTS SIDE OFFICE:- 3 x FILING CABINETS, FAN, 2 x CHAIRS, 2 x COMPUTER DESKS	
141		SWIMMING GOGGLES, NOSE CLIPS, CAPS, FLOATIES & 5 DRAWER CHEST	
142		SPARRING GLOVES, BACK BRACE & SHELF UNIT	
143		POS COMPUTER DELL CORE i5 COMPUTER LENOVO THINKCENTRE PC POSIFLEX DOCKET PRINTER CASH DRAWER 2 x MONITORS	
144		KITCHEN EQUIPMENT:- SHARP CAROUSEL MICROWAVE PIONEER AV RECEIVER KETTLE, TOASTER, OVEN	
145		WESTINGHOUSE 420 LITRE FRIDGE/FREEZER	
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LOT	QTY	DESCRIPTION	NOTE
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146		ASSORTED STATIONERY:- PAPER, TRAYS, TRIMMER ETC	
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